



## **Easter Holiday Multi-sports Camp**

The Arundel Castle Cricket Foundation are offering **multi-sport activities** for families with children with special educational needs and / or disabilities:

- **What is on offer?** Zoned-off, safe, private space for families with children with special educational needs and / or disabilities to play as a family. We will provide various sports equipment and families can either have their own private space to play on their own, or one of our qualified and DBS checked Coaches will facilitate activity for your family
- **All abilities welcome.** Equipment will not be shared, and all participants will be a minimum of 2m apart at all times
- **Cost** – Free
- **Location** – Arundel Castle Cricket Ground, Arundel, West Sussex, BN18 9LH [Click [here](#) for directions to the ground] SAT NAV CODE - BN18 9BA
- **Times** -

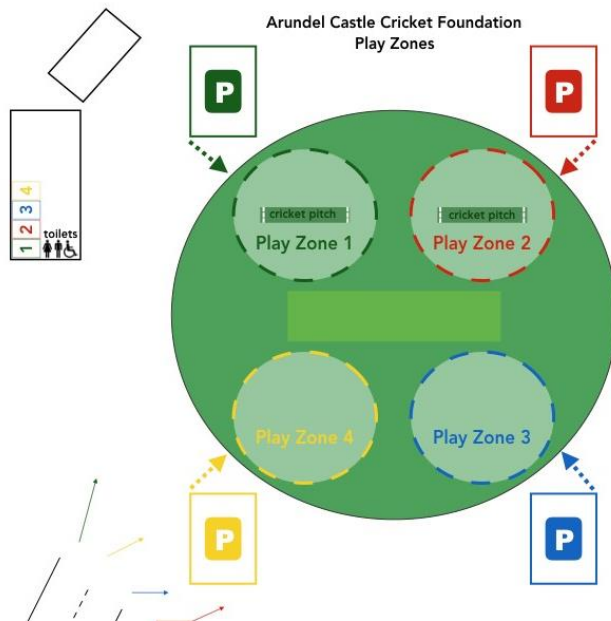
The sessions will run from Monday 12<sup>th</sup> April to Friday 16<sup>th</sup> April at the following times:

- 10.30-12pm and 1-2.30pm

- **How to register** – please email [richard@arundelcastlecricket.co.uk](mailto:richard@arundelcastlecricket.co.uk) to book a zone. For more information, please feel free to contact Richard – 07519 141545.

## Important Guidelines

- This is exclusively outdoor activity, so, regrettably, if the weather is too bad, we will have to cancel at short notice. Research tells us parents and carers would still welcome the opportunity.
- Parents / Carers / Guardians will be required to stay on site during the sessions.
- Parking will be right next to your Zone
- Here is a visual illustration of how this will work:



**IMPORTANT:** Whilst we will operate according to the guidelines, we encourage parents/carers to decide as to the appropriateness of these activities for their children in terms of any underlying health conditions or vulnerabilities. In addition, please do not come to Arundel if Government advice means you should stay at home because you or someone you live with has or has symptoms of COVID-19, or you are in the most vulnerable category and have been advised to shield from the coronavirus.

## BEFORE & AFTER VISIT

### Stay up to date

- Keep up to date with all Government information around social distancing

### Before leaving home & after you return

- Wash your hands with soap and water for at least 20 seconds before leaving home (or use an alcohol gel if washing hands is not possible)

### Equipment

- Take hand sanitizer with you
- Sports equipment will be provided but you are requested to bring your own equipment if you have it – any ACCF equipment used will be cleaned between usage.
- Only take the minimum amount of equipment with you that you need to play
- Bring water and food as none will be provided
- If you own one, it may be worth bringing a parasol to provide shade from the sun.
- Ensure you take all your belongings with you at the end of the session and do not leave anything in your zone

## **Travelling to and from the zone**

- Arrive as close as possible to when you need to be there
- Avoid touching court gates, fences, benches, etc. if you can
- Allow others to leave before you enter the Play Zone - if you need to wait then do so away from the zones
- Ensure you leave the Zone before the end of your allotted time so that it is empty for the next families
- Arrive changed and ready to play.
- Do not congregate after playing.

## **DURING PLAY TIME**

### **Zone limits**

- Maximum of 6 people per Family Play zone and all attendees must be from the same household or within a childcare bubble or other permitted arrangement.

### **Maintain social distancing**

- Do not approach other Zones
- Should any balls leave your zone, someone else will retrieve for you

### **Facilities**

- We recommend you do not use our toilets. However, if they are required, a toilet will be available.

### **Hygiene**

- If you need to sneeze or cough, do so into a tissue or upper sleeve
- Avoid touching your face

### **Risk and Safety**

In developing this proposal, we have sought advice from the following:

[Coronavirus \(COVID-19\): grassroots sports guidance for the public and sport providers - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak/protective-measures-for-out-of-school-settings-during-the-coronavirus-covid-19-outbreak)

<https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak/protective-measures-for-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>

[Coronavirus \(COVID-19\): guidance for children's social care services - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-for-childrens-social-care-services)

[COVID-19 Support and Guidance | Council For Disabled Children](#)

We will operate enhanced practice in the following areas:

- PPE
- Social distancing
- Enhanced Hygiene e.g. toilets and equipment
- Risk assessment and management